

Menu Plan Nutrients By Item

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Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Mon 04/21/2025 - Breakfast Elementary	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Milk, Carton, White 1%, 70/8oz	1 ea	1	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	2	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Weighted Daily Average			76.00	105.00	0.30	0.00	0.50	5.20	182.80	0.00	450.00	0.00	4.00	0.00	12.00	12.40
% of calories					3.55	0.00	5.92	27.37								65.26

Mon 04/21/2025 - Lunch K-8	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag)	1 Tbs (Count)	2	20.00	160.00	0.00	0.00	0.00	0.00	0.00	0.00	100.00	1.20	0.00	0.00	4.00	5.00
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	2	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Mayonnaise 200/12/gr	1 Each	2	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73
Condiment, Ketchup 6/112oz Jugs	1 Tbs (Count)	4	15.00	45.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.00	4.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	1 Tbs (Count)	4	35.00	135.00	0.50	0.00	3.50	0.50	10.00	0.00	0.00	0.00	2.50	0.00	0.50	1.00
Milk, Carton, White 1%, 70/8oz	1 ea	9	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	20	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Milk, Carton, Strawberry Skim, 70/8oz	1 ea	14	140.00	95.00	0.00	0.00	0.00	8.00	300.00	0.00	500.00	0.00	5.00	0.00	25.00	26.00
Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	2	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Fruit, Mixed 6/#10	1 1/2 Cup	2	60.00	10.00	0.00	0.00	0.00	0.00	0.00	0.00	200.00	1.20	0.00	0.00	14.00	17.00
Fruit, Apple Fuji 88-113 ct/cs (45lb)	1 apple	2	135.00	*	*	*	0.17	0.26	*	*	*	*	*	2.40	10.39	13.81
Fruit, Apple Gala 150 ct/cs (40lb)	1 Each	2	70.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	100.00	6.00	0.00	3.00	14.00	19.00
Veg, Bean Green 6/#10	1 1/2 Cup	2	16.00	140.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	2.00	1.00	3.00
Veg, Corn Whole, Frozen 1/30lb - 165srv/cs	1 1/2 Cup	2	67.00	1.00	0.00	0.00	1.00	2.00	2.02	0.38	165.52	2.83	0.00	2.00	3.00	16.00

* Missing nutrient value

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Run By: vperry

Filename: Menu Plan Nutrients By Item.rdlc

Run On: 4/17/2025 8:02:54 AM

Menu Plan Nutrients By Item

Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Chip, WG Pretzel, Heartzels (104/cs) (G1)	1 Each	11	80.00	200.00	0.00	0.00	1.00	2.00	30.00	0.80	0.00	0.00	0.00	2.00	0.00	16.00
Macaroni & Cheese - (80/6oz sv/cs - G1/M2)	1 #6 Scoop	11	299.00	649.00	6.70	0.00	12.00	15.00	383.00	1.00	0.00	0.00	36.00	2.00	8.00	32.00
Corn Dog, Mini G2/M2)	1 serv	9	270.00	410.00	3.50	0.00	12.00	10.00	0.00	6.00	0.00	0.00	40.00	5.00	5.00	30.00
Sandwich, Croissant, Turkey and Cheese	1 Each	4	310.00	965.00	4.50	0.00	9.50	25.50	137.00	1.44	0.00	0.00	52.50	2.00	3.50	30.00
Veg, Potato, Tater Gems, 6/5lb, 32srv/bag (1 srv = 2.5oz = 10 tater tots)	1 1/2 Cup	7	141.67	191.59	1.25	0.00	7.50	1.67	0.00	0.30	0.00	0.00	0.00	0.00	0.00	15.83
Weighted Daily Average			357.99	622.10*	3.56*	0.00*	9.15	17.72	403.89*	1.90*	664.02*	0.50*	29.05*	2.66	26.90	49.69
% of calories					8.96*	0.00*	23.01	19.79								55.52

Mon 04/21/2025 - Breakfast Pre-K	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Fruit, Mixed 6/#10	1 1/2 Cup	2	60.00	10.00	0.00	0.00	0.00	0.00	0.00	0.00	200.00	1.20	0.00	0.00	14.00	17.00
Weighted Daily Average			24.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	80.00	0.48	0.00	0.00	5.60	6.80
% of calories					0.00	0.00	0.00	0.00								113.33

Mon 04/21/2025 - Lunch Pre-K	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Cracker, Animal, 150/cs (G1)	1 Each	9	120.00	115.00	1.00	0.00	3.50	2.00	100.00	1.08	0.00	0.00	0.00	2.00	8.00	22.00
Yogurt, Strawberry/Banana 48/cs	1 Each	2	70.00	60.00	0.00	0.00	0.00	4.00	150.00	0.00	0.00	0.00	0.00	0.00	10.00	14.00
Yogurt, Vanilla 48/4oz	1 Each	2	70.00	60.00	0.00	0.00	0.00	4.00	150.00	0.00	0.00	0.00	5.00	0.00	10.00	14.00
SunButter 6/5lb (2Tbsp = M1)	2 Tablespoon	2	200.00	120.00	2.00	0.00	16.00	7.00	20.00	1.44	0.00	0.00	0.00	4.00	3.00	7.00
Fruit, Mixed 6/#10	1 1/2 Cup	22	60.00	10.00	0.00	0.00	0.00	0.00	0.00	0.00	200.00	1.20	0.00	0.00	14.00	17.00
Veg, Cucumber 1/24pk, 87 srv/cs (1 srv = 5-6 slices)	1 1/2 Cup	2	7.80	1.00	0.00	0.00	0.00	0.34	8.00	0.15	54.00	1.46	0.00	0.26	0.87	1.50
Weighted Daily Average			68.79	38.60	0.29	0.00	1.41	1.08	34.58	0.29	100.18	0.65	0.22	0.59	9.51	14.33
% of calories					3.78	0.00	18.46	6.29								83.34

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Mon 04/21/2025 - Breakfast High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	1	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Breakfast Bar, Glazed Honey Wheat, 72/cs (G2)	1 Each	1	270.00	290.00	4.00	0.00	8.00	4.00	21.00	1.00	0.00	0.00	5.00	1.00	21.00	43.00
Weighted Daily Average			96.00	128.00	1.20	0.00	3.00	2.60	33.40	0.58	0.00	0.00	4.00	0.80	5.20	14.00
% of calories					11.25	0.00	28.13	10.83								58.33

Mon 04/21/2025 - Lunch High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Sauce Taco Individual 200/cs	1 Packet	2	0.00	55.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Sauce Tartar Indiv 500 pc/case	1 Each	2	40.00	100.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	5.00	0.00	2.00	3.00
Condiment, Sauce BBQ, Individual, 100/1 oz	1 Each	2	45.00	210.00	0.00	0.00	0.00	0.00	20.00	0.36	100.00	1.20	0.00	0.00	9.00	10.00
Condiment, Spice Tajin packet 1000/.035oz	1 Each	2	2.00	127.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	5.40	0.00	0.00	0.00	0.00
Condiment, Sauce Sweet & Sour Individual 100/1oz	1 Each	2	45.00	120.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	4.00	12.00
Croutons, Cheese & Garlic IW WG 250/.5oz	1 serv	9	60.00	150.00	0.00	0.00	2.00	2.00	0.00	0.36	0.00	0.00	0.00	1.00	1.00	9.00
Dressing, Raspberry Vinaigrette Packet, 60/1.5 oz	1 Packet	2	40.00	370.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	9.00	9.00
Dressing, Boom Boom 4/1gal	2 Tbs (Count)	2	150.00	250.00	2.50	0.00	16.00	0.00	0.00	0.00	100.00	2.40	15.00	0.00	2.00	2.00
Dressing, Caesar 2/1gal	2 Tablespoon	2	150.00	290.00	3.00	0.00	16.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	1.00	1.00
Dressing, Balsamic Vinaigrette 2/1gal	2 Tbs (Count)	2	100.00	320.00	1.50	0.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00	1.00
Dressing, Honey Mustard, 2/1gal	2 Tbs (Count)	2	50.00	240.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	10.00	0.00	8.00	12.00
Dressing, Italian Old Venice 2/1gal	2 Tbs (Count)	2	100.00	480.00	1.50	0.00	10.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00	2.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	2 Tbs (Count)	2	70.00	270.00	1.00	0.00	7.00	1.00	20.00	0.00	0.00	0.00	5.00	0.00	1.00	2.00
Condiment, Mayonnaise 200/12/gr	1 Each	1	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73

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Menu Plan Nutrients By Item

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Date: 04/21/2025 to 04/25/2025

Condiment, Pickle, Sweet Relish Individual, 500/9 gram packets	1 Each	2	15.00	70.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.00	3.00
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	2	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Ketchup Indiv 1000/9gr	1 Each	2	10.00	85.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	2.00	2.00
Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag)	2 Tbs (Count)	11	40.00	320.00	0.00	0.00	0.00	0.00	0.00	0.00	200.00	2.40	0.00	0.00	8.00	10.00
Condiment, Ketchup 6/112oz Jugs	2 Tbs (Count)	2	30.00	90.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	6.00	8.00
Milk, Carton, White 1%, 70/8oz	1 ea	2	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Strawberry Skim, 70/8oz	1 ea	4	140.00	95.00	0.00	0.00	0.00	8.00	300.00	0.00	500.00	0.00	5.00	0.00	25.00	26.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	4	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Bev, Tea Bag Cold , 96/cs	1 Gallon	2	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad, Chef (M3/V1) - WH Turkey Ham & Cheese, Fairmeadow Egg	1 1 Serving	2	246.02	692.10	4.76	0.00	11.16	27.54	207.91	7.32	514.75	6.90	220.77	2.60	5.89	10.05
Salad, Cobb (M2.5/V1) - WH Turkey Ham & Cheese, Fairmeadow Egg	1 1 Serving	2	261.22	603.36	6.08	0.00	15.09	22.34	191.69	7.60	543.01	7.67	213.03	2.74	6.98	9.94
Salad, Garden (M2/V1) - WH Cheese, Fairmeadow Egg	1 Each	2	218.58	249.21	7.50	0.00	14.00	14.64	320.49	1.15	716.61	26.16	200.00	2.77	6.00	8.77
Salad, Chicken Caesar (M2) - Diced Chicken	1 Each	2	154.67	168.83	2.15	0.00	5.83	18.25	98.00	0.55	526.25	6.90	47.17	2.60	3.35	6.75
Dough, Roll W/G Proof & Bake 256/2.25oz (G2)	1 serv	2	160.00	260.00	0.50	0.00	3.50	5.00	0.00	1.44	0.00	3.60	0.00	2.00	5.00	27.00
Bar, Lemon Chip Crunch Bar 120/2.25 oz (G2)	1 Each	2	260.00	160.00	2.00	0.00	8.00	4.00	20.00	1.44	100.00	0.00	5.00	2.00	16.00	42.00
Bar, Cherry/Apple Crunch 120/2.25oz (G2)	1 Each	2	260.00	90.00	2.00	0.00	8.00	4.00	20.00	1.44	100.00	0.00	5.00	2.00	16.00	42.00
Wrap, Veggie (G2/M2) - SH Shredded Cheese	1 Each	2	465.94	736.39	17.00	0.00	30.00	18.75	536.88	2.18	999.78	19.51	80.00	3.72	4.31	33.05
Wrap, Chicken Caesar (G2/M2) - SH Diced Chicken, WW Tortilla	1 Each	2	476.00	745.00	6.00	0.00	28.00	25.00	174.00	2.72	100.00	0.00	75.00	4.00	2.00	31.00
Wrap, Turkey Ham & Swiss Cheese - WH Turkey Ham	1 Each	2	380.64	594.21	8.51	0.00	20.24	25.80	410.92	8.23	409.97	6.74	55.26	4.09	2.03	31.44

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Wrap, Spicy Chicken (G3/M2) - WH Cheese & Spicy Chicken Patty	1 Each	2	499.84	757.46	6.51	0.00	24.60	22.93	277.42	4.13	598.47	6.74	40.00	7.09	1.50	46.91
Wrap, Turkey Bacon (G2/M2) - Wh Cheese	1 Each	2	361.58	902.51	5.10	0.00	14.45	26.68	237.42	2.81	498.47	6.74	60.87	4.09	1.13	30.55
Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	2	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Sandwich, Ham & Cheese - WH Turkey Ham & Cheese	1 Each	2	265.80	791.74	3.00	0.00	9.14	16.87	0.00	7.54	0.00	0.00	30.26	2.00	7.53	29.53
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	2	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, PB&J Uncrustable Strawberry - 72/5.3oz (G2 and M2)	1 Each	2	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, Italian Sub (G2/M2)	1 Each	2	373.00	1,263.00	7.00	0.00	16.80	24.00	244.00	2.86	5.00	3.18	82.00	3.00	4.00	31.00
Sandwich, Turkey California (G2/M2)	1 Each	2	341.85	1,155.61	6.58	0.00	15.68	21.77	154.00	2.00	0.00	0.00	57.59	2.00	5.63	28.63
Box, Protein Peanut Butter (G2/M2.75/F0.5) - LOL Cheese	1 Each	2	621.55	446.74	7.28	0.00	32.53	21.37	204.92	3.05	48.56	37.88	19.42	9.71	29.14	70.90
Box, Protein Cottage Cheese & Bread Slice (G2/M2/F0.5)	1 Each	2	415.00	635.00	3.00	0.00	10.00	19.50	226.50	1.36	950.00	5.50	5.00	2.50	41.50	64.00
Plate, Benefit Bar (2G/2MMA) - LOL Cheese	1 1 Serving	2	453.33	473.33	7.50	0.00	15.83	15.33	326.13	3.99	261.36	0.00	43.33	3.00	33.67	64.00
Box, Protein 1 Grain Muffin (G1/M2) - Add Grain	1 Each	2	419.12	304.00	5.47	0.00	12.45	13.04	330.00	0.75	213.04	0.60	51.40	4.44	43.04	64.46
Pizza, HS Cheese Primo, 72 svs/cs (G2 and M2)	1 Each	2	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00
Pizza, HS Pepperoni Primo, 72 svgs/cs (G2 and M2)	1 Each	2	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Burger, Hamburger (G2/M2) - SH Beef	1 Each	2	330.00	520.00	5.50	0.00	15.50	23.00	60.00	2.52	0.00	0.00	60.00	2.00	3.00	26.00
Burger, Cheeseburger (G2/M2.5) - Shamrock Beef & Warehouse Cheese	1 Each	2	370.00	660.00	7.00	0.00	18.00	26.00	60.00	2.52	0.00	0.00	67.50	2.00	4.00	27.00
Sandwich, Chicken Patty (G3/M2)	1 Each	2	380.00	720.00	3.00	0.00	15.50	20.00	95.00	3.08	0.00	0.00	25.00	5.00	4.00	41.00
Sandwich, Chicken Spicy Patty (G3/M2)	1 Each	2	410.00	660.00	3.50	0.00	17.50	21.00	100.00	3.08	100.00	0.00	25.00	5.00	4.00	43.00
Sandwich, Chicken Grilled (2G/2.25MMA)	1 Each	2	260.00	580.00	1.00	0.00	5.00	28.00	72.00	2.08	0.00	0.00	60.00	2.00	3.00	27.00

* Missing nutrient value

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Run By: vperry

Filename: Menu Plan Nutrients By Item.rdlc

Run On: 4/17/2025 8:02:54 AM

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Date: 04/21/2025 to 04/25/2025

Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	2	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Chicken, Nuggets (5 nugg = G1/M2) - HS must add 1 grain	1 Each	2	260.00	400.00	2.50	0.00	15.00	16.00	37.00	2.00	0.00	0.00	25.00	3.00	1.00	16.00
Corn Dog, Mini G2/M2)	1 serv	2	270.00	410.00	3.50	0.00	12.00	10.00	0.00	6.00	0.00	0.00	40.00	5.00	5.00	30.00
Corn Dog (G2/M2)	1 Each	2	250.00	390.00	2.50	0.00	9.00	9.00	80.00	1.80	0.00	0.00	40.00	5.00	5.00	30.00
Veg, Potato Spiral Cut Curly GF 6/4/lb (1 srv = 2.17oz) - McCain Potatoes	1 1/2 Cup (cooked)	22	100.00	190.00	0.00	0.00	3.00	1.00	10.00	0.30	0.00	0.00	0.00	1.00	0.00	17.00
Veg, Potato, Seasoned 1/2" Stix 6/5lb, 34 srv/bag (1 srv = 2.29oz)	1 1/2 Cup	22	119.00	134.87	0.40	0.00	3.97	1.59	0.00	0.36	0.00	2.40	0.00	1.59	0.00	19.83
Veg, Potato, Seasoned Crinkle Cut, 6/5lb, 40 srv/bag (1 srv = 1.98oz)	1 1 Serving	22	130.00	240.00	0.50	0.00	4.50	2.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	22.00
Veg, Potato, Savory Wedge 6/5lb, 29 srv/bag (1 srv = 2.69oz)	1 Ounce	22	46.67	66.67	0.33	0.00	2.00	0.33	0.00	0.12	0.00	1.20	0.00	0.33	0.33	6.67
Veg, Potato, Tater Gems, 6/5lb, 32srv/bag (1 srv = 2.5oz = 10 tater tots)	1 Ounce	22	56.67	76.64	0.50	0.00	3.00	0.67	0.00	0.12	0.00	0.00	0.00	0.00	0.00	6.33
Fruit, Mixed 6/#10	1 1/2 Cup	2	60.00	10.00	0.00	0.00	0.00	0.00	0.00	0.00	200.00	1.20	0.00	0.00	14.00	17.00
Fruit, Apple, Red Delicious School Boy, 163 ct/cs (40lbs)	1 Each	2	95.08	2.00	0.00	0.00	0.17	0.00	11.07	0.00	97.98	8.35	0.00	4.00	10.39	25.04
Fruit, Apple Fuji 88-113 ct/cs (45lb)	1 apple	2	135.00	*	*	*	0.17	0.26	*	*	*	*	*	2.40	10.39	13.81
Fruit, Apple Gala 150 ct/cs (40lb)	1 Each	2	70.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	100.00	6.00	0.00	3.00	14.00	19.00
Veg, Bean Green 6/#10	1 1/2 Cup	2	16.00	140.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	2.00	1.00	3.00
Veg, Corn Whole, Frozen 1/30lb - 165srv/cs	1 1/2 Cup	2	67.00	1.00	0.00	0.00	1.00	2.00	2.02	0.38	165.52	2.83	0.00	2.00	3.00	16.00
Hot Veg, Broccoli Parmesan Roasted - Frozen Spears	1 1/2 c serv (Count)	11	24.24	31.62	0.23	0.00	0.71	2.46	46.75	0.40	677.20	25.99	1.14	1.94	0.95	3.99
Fried Rice Bowl, Orange Chicken w/Fried Rice (2G/2M)	1 Each	11	420.00	720.00	0.50	0.00	5.50	17.00	10.00	1.42	0.00	1.20	40.00	4.00	13.00	73.00

* Missing nutrient value

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Run By: vperry

Filename: Menu Plan Nutrients By Item.rdlc

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Cookie, Fortune, 350 ct/case	1 Each	2	22.00	27.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	2.00	5.00
Weighted Daily Average			963.04	1,666.49*	9.32*	0.00*	36.68	36.96	343.53*	5.53*	734.37*	16.56*	91.90*	9.07	30.80	123.35
% of calories					8.71*	0.00*	34.28	15.35								51.23

Tue 04/22/2025 - Breakfast Elementary	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Milk, Carton, White 1%, 70/8oz	1 ea	1	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	2	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
French Toast, Sticks WG 54srv/cs 1srv = 2 sticks (1 stick = G1)	2 ea	2	240.00	260.00	1.00	0.00	7.00	6.00	0.00	0.00	0.00	0.00	10.00	2.00	10.00	38.00
Weighted Daily Average			172.00	209.00	0.70	0.00	3.30	7.60	182.80	0.00	450.00	0.00	8.00	0.80	16.00	27.60
% of calories					3.66	0.00	17.27	17.67								64.19

Tue 04/22/2025 - Lunch K-8	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag)	1 Tbs (Count)	2	20.00	160.00	0.00	0.00	0.00	0.00	0.00	0.00	100.00	1.20	0.00	0.00	4.00	5.00
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	2	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Mayonnaise 200/12/gr	1 Each	2	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73
Condiment, Ketchup 6/112oz Jugs	1 Tbs (Count)	4	15.00	45.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.00	4.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	1 Tbs (Count)	4	35.00	135.00	0.50	0.00	3.50	0.50	10.00	0.00	0.00	0.00	2.50	0.00	0.50	1.00
Milk, Carton, White 1%, 70/8oz	1 ea	9	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	20	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00

* Missing nutrient value

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Run By: vperry

Filename: Menu Plan Nutrients By Item.rdlc

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Menu Plan Nutrients By Item

Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Milk, Carton, Strawberry Skim, 70/8oz	1 ea	14	140.00	95.00	0.00	0.00	0.00	8.00	300.00	0.00	500.00	0.00	5.00	0.00	25.00	26.00
Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	2	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Fruit, Applesauce 6/#10	1 1/2 Cup	2	51.00	2.00	0.00	0.00	0.00	0.00	80.00	2.88	0.00	0.00	0.00	1.00	11.00	14.00
Fruit, Orange Case 113 ct/cs	1 1/2 Cup	2	54.87	1.59	0.03	0.00	0.24	1.03	55.67	0.64	198.80	56.46	0.00	3.58	8.50	12.33
Veg, Tomato Salsa, Red Gold 6/#10 cans (3.0oz = 1 srv = 1/2 Red/Orange)	1 1 Serving	2	30.00	208.00	0.00	0.00	0.00	0.00	0.00	2.00	266.00	26.00	0.00	0.00	2.00	6.00
Veg, Bean Green 6/#10	1 1/2 Cup	2	16.00	140.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	2.00	1.00	3.00
Chicken Nuggets w/Scoops	1 1 Serving	2	370.00	525.00	2.50	0.00	17.50	18.00	67.00	2.30	0.00	0.00	25.00	4.00	1.00	35.00
Beans & Cheese, Tostitos Scoops w/ Bean Dip (G1.25/M2)	1 Each	18	320.96	470.21	4.79	0.00	14.01	12.55	219.86	1.26	191.78	3.45	23.97	4.84	0.96	35.30
Salad, Fiesta Chicken w/Scoops, 12pc Popcorn Chicken (G2.25/M2/V0.5) - WH Cheese	1 Each	22	485.75	638.25	5.50	0.00	22.25	24.70	241.00	3.75	556.13	7.61	40.00	8.60	5.60	49.48
Weighted Daily Average			535.34	749.35	5.35	0.00	18.78	26.87	505.44	2.75	1,012.59	8.82	37.84	6.70	25.92	65.20
% of calories					8.99	0.00	31.57	20.08								48.72

Tue 04/22/2025 - Breakfast Pre-K	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
French Toast, Sticks WG 54srv/cs 1srv = 2 sticks (1 stick = G1)	2 ea	2	240.00	260.00	1.00	0.00	7.00	6.00	0.00	0.00	0.00	0.00	10.00	2.00	10.00	38.00
Condiment, Syrup Maple 200/1.5oz	1 1 Serving	2	120.00	40.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	17.00	31.00
Weighted Daily Average			144.00	120.00	0.40	0.00	2.80	2.40	0.40	0.00	0.00	0.00	4.00	0.80	10.80	27.60
% of calories					2.50	0.00	17.50	6.67								76.67

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Menu Plan Nutrients By Item

Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Tue 04/22/2025 - Lunch Pre-K	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Cheese, Mozz String (168ea) (1oz=M1) - LOL Cheese	1 Each	2	80.00	200.00	4.00	0.00	6.00	6.00	150.00	0.00	0.00	0.00	20.00	0.00	1.00	2.00
Cheese, Cubes RF Cheddar 200/1oz (1oz = M1)	1 ea	2	90.00	190.00	4.50	0.00	7.00	7.00	204.40	0.17	284.07	0.00	20.00	0.00	0.00	0.00
Fruit, Orange Case 113 ct/cs	1 1/2 Cup	4	54.87	1.59	0.03	0.00	0.24	1.03	55.67	0.64	198.80	56.46	0.00	3.58	8.50	12.33
Veg, Bean Green 6/#10	1 1/2 Cup	45	16.00	140.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	2.00	1.00	3.00
Condiment, Sauce Sweet & Sour Individual 100/1oz	1 Each	2	45.00	120.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	4.00	12.00
Condiment, Sauce BBQ, Individual, 100/1 oz	1 Each	2	45.00	210.00	0.00	0.00	0.00	0.00	20.00	0.36	100.00	1.20	0.00	0.00	9.00	10.00
Dressing, Ranch Lite Cup (1oz) - 100srv/cs	1 1 Serving	2	70.00	230.00	1.00	0.00	7.00	1.00	0.00	0.00	0.00	0.00	5.00	0.00	1.00	1.00
Weighted Daily Average			35.54	182.36	0.42	0.00	0.91	1.71	21.59	0.08	34.74	5.13	2.00	2.32	2.42	5.21
% of calories					10.75	0.00	23.04	19.29								58.60

Tue 04/22/2025 - Breakfast High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	1	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Weighted Daily Average			42.00	70.00	0.40	0.00	1.40	1.80	29.20	0.38	0.00	0.00	3.00	0.60	1.00	5.40
% of calories					8.57	0.00	30.00	17.14								51.43

Tue 04/22/2025 - Lunch High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Sauce Taco Individual 200/cs	1 Packet	2	0.00	55.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Sauce Tartar Indiv 500 pc/case	1 Each	2	40.00	100.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	5.00	0.00	2.00	3.00
Condiment, Sauce BBQ, Individual, 100/1 oz	1 Each	2	45.00	210.00	0.00	0.00	0.00	0.00	20.00	0.36	100.00	1.20	0.00	0.00	9.00	10.00
Condiment, Spice Tajin packet 1000/.035oz	1 Each	2	2.00	127.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	5.40	0.00	0.00	0.00	0.00
Condiment, Sauce Sweet & Sour Individual 100/1oz	1 Each	2	45.00	120.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	4.00	12.00

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Menu Plan Nutrients By Item

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Date: 04/21/2025 to 04/25/2025

CROUTONS, Cheese & Garlic IW WG 250/.5oz	1 serv	9	60.00	150.00	0.00	0.00	2.00	2.00	0.00	0.36	0.00	0.00	0.00	1.00	1.00	9.00
Dressing, Raspberry Vinaigrette Packet, 60/1.5 oz	1 Packet	2	40.00	370.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	9.00	9.00
Dressing, Boom Boom 4/1gal	2 Tbs (Count)	2	150.00	250.00	2.50	0.00	16.00	0.00	0.00	0.00	100.00	2.40	15.00	0.00	2.00	2.00
Dressing, Caesar 2/1gal	2 Tablespoon	2	150.00	290.00	3.00	0.00	16.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	1.00	1.00
Dressing, Balsamic Vinaigrette 2/1gal	2 Tbs (Count)	2	100.00	320.00	1.50	0.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00	1.00
Dressing, Honey Mustard, 2/1gal	2 Tbs (Count)	2	50.00	240.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	10.00	0.00	8.00	12.00
Dressing, Italian Old Venice 2/1gal	2 Tbs (Count)	2	100.00	480.00	1.50	0.00	10.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00	2.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	2 Tbs (Count)	2	70.00	270.00	1.00	0.00	7.00	1.00	20.00	0.00	0.00	0.00	5.00	0.00	1.00	2.00
Condiment, Mayonnaise 200/12/gr	1 Each	1	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73
Condiment, Pickle, Sweet Relish Individual, 500/9 gram packets	1 Each	2	15.00	70.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.00	3.00
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	2	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Ketchup Indiv 1000/9gr	1 Each	2	10.00	85.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	2.00	2.00
Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag)	2 Tbs (Count)	11	40.00	320.00	0.00	0.00	0.00	0.00	0.00	0.00	200.00	2.40	0.00	0.00	8.00	10.00
Condiment, Ketchup 6/112oz Jugs	2 Tbs (Count)	2	30.00	90.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	6.00	8.00
Milk, Carton, White 1%, 70/8oz	1 ea	2	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Strawberry Skim, 70/8oz	1 ea	4	140.00	95.00	0.00	0.00	0.00	8.00	300.00	0.00	500.00	0.00	5.00	0.00	25.00	26.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	4	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Bev, Tea Bag Cold , 96/cs	1 Gallon	2	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad, Chef (M3/V1) - WH Turkey Ham & Cheese, Fairmeadow Egg	1 1 Serving	2	246.02	692.10	4.76	0.00	11.16	27.54	207.91	7.32	514.75	6.90	220.77	2.60	5.89	10.05

* Missing nutrient value

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Run By: vperry

Filename: Menu Plan Nutrients By Item.rdlc

Run On: 4/17/2025 8:02:54 AM

Menu Plan Nutrients By Item

Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Salad, Cobb (M2.5/V1) - WH Turkey Ham & Cheese, Fairmeadow Egg	1 1 Serving	2	261.22	603.36	6.08	0.00	15.09	22.34	191.69	7.60	543.01	7.67	213.03	2.74	6.98	9.94
Salad, Garden (M2/V1) - WH Cheese, Fairmeadow Egg	1 Each	2	218.58	249.21	7.50	0.00	14.00	14.64	320.49	1.15	716.61	26.16	200.00	2.77	6.00	8.77
Salad, Chicken Caesar (M2) - Diced Chicken	1 Each	2	154.67	168.83	2.15	0.00	5.83	18.25	98.00	0.55	526.25	6.90	47.17	2.60	3.35	6.75
Dough, Roll W/G Proof & Bake 256/2.25oz (G2)	1 serv	2	160.00	260.00	0.50	0.00	3.50	5.00	0.00	1.44	0.00	3.60	0.00	2.00	5.00	27.00
Bar, Lemon Chip Crunch Bar 120/2.25 oz (G2)	1 Each	2	260.00	160.00	2.00	0.00	8.00	4.00	20.00	1.44	100.00	0.00	5.00	2.00	16.00	42.00
Bar, Cherry/Apple Crunch 120/2.25oz (G2)	1 Each	2	260.00	90.00	2.00	0.00	8.00	4.00	20.00	1.44	100.00	0.00	5.00	2.00	16.00	42.00
Wrap, Veggie (G2/M2) - SH Shredded Cheese	1 Each	2	465.94	736.39	17.00	0.00	30.00	18.75	536.88	2.18	999.78	19.51	80.00	3.72	4.31	33.05
Wrap, Chicken Caesar (G2/M2) - SH Diced Chicken, WW Tortilla	1 Each	2	476.00	745.00	6.00	0.00	28.00	25.00	174.00	2.72	100.00	0.00	75.00	4.00	2.00	31.00
Wrap, Turkey Ham & Swiss Cheese - WH Turkey Ham	1 Each	2	380.64	594.21	8.51	0.00	20.24	25.80	410.92	8.23	409.97	6.74	55.26	4.09	2.03	31.44
Wrap, Spicy Chicken (G3/M2) - WH Cheese & Spicy Chicken Patty	1 Each	2	499.84	757.46	6.51	0.00	24.60	22.93	277.42	4.13	598.47	6.74	40.00	7.09	1.50	46.91
Wrap, Turkey Bacon (G2/M2) - Wh Cheese	1 Each	2	361.58	902.51	5.10	0.00	14.45	26.68	237.42	2.81	498.47	6.74	60.87	4.09	1.13	30.55
Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	2	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Sandwich, Ham & Cheese - WH Turkey Ham & Cheese	1 Each	2	265.80	791.74	3.00	0.00	9.14	16.87	0.00	7.54	0.00	0.00	30.26	2.00	7.53	29.53
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	2	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, PB&J Uncrustable Strawberry - 72/5.3oz (G2 and M2)	1 Each	2	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, Italian Sub (G2/M2)	1 Each	2	373.00	1,263.00	7.00	0.00	16.80	24.00	244.00	2.86	5.00	3.18	82.00	3.00	4.00	31.00
Sandwich, Turkey California (G2/M2)	1 Each	2	341.85	1,155.61	6.58	0.00	15.68	21.77	154.00	2.00	0.00	0.00	57.59	2.00	5.63	28.63
Box, Protein Peanut Butter (G2/M2.75/F0.5) - LOL Cheese	1 Each	2	621.55	446.74	7.28	0.00	32.53	21.37	204.92	3.05	48.56	37.88	19.42	9.71	29.14	70.90
Box, Protein Cottage Cheese & Bread Slice (G2/M2/F0.5)	1 Each	2	415.00	635.00	3.00	0.00	10.00	19.50	226.50	1.36	950.00	5.50	5.00	2.50	41.50	64.00

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Plate, Benefit Bar (2G/2MMA) - LOL Cheese	1 1 Serving	2	453.33	473.33	7.50	0.00	15.83	15.33	326.13	3.99	261.36	0.00	43.33	3.00	33.67	64.00
Box, Protein 1 Grain Muffin (G1/M2) - Add Grain	1 Each	2	419.12	304.00	5.47	0.00	12.45	13.04	330.00	0.75	213.04	0.60	51.40	4.44	43.04	64.46
Pizza, HS Cheese Primo, 72 svs/cs (G2 and M2)	1 Each	2	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00
Pizza, HS Pepperoni Primo, 72 svs/cs (G2 and M2)	1 Each	2	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Burger, Hamburger (G2/M2) - SH Beef	1 Each	2	330.00	520.00	5.50	0.00	15.50	23.00	60.00	2.52	0.00	0.00	60.00	2.00	3.00	26.00
Burger, Cheeseburger (G2/M2.5) - Shamrock Beef & Warehouse Cheese	1 Each	2	370.00	660.00	7.00	0.00	18.00	26.00	60.00	2.52	0.00	0.00	67.50	2.00	4.00	27.00
Sandwich, Chicken Patty (G3/M2)	1 Each	2	380.00	720.00	3.00	0.00	15.50	20.00	95.00	3.08	0.00	0.00	25.00	5.00	4.00	41.00
Sandwich, Chicken Spicy Patty (G3/M2)	1 Each	2	410.00	660.00	3.50	0.00	17.50	21.00	100.00	3.08	100.00	0.00	25.00	5.00	4.00	43.00
Sandwich, Chicken Grilled (2G/2.25MMA)	1 Each	2	260.00	580.00	1.00	0.00	5.00	28.00	72.00	2.08	0.00	0.00	60.00	2.00	3.00	27.00
Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	2	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Chicken, Nuggets (5 nugg = G1/M2) - HS must add 1 grain	1 Each	2	260.00	400.00	2.50	0.00	15.00	16.00	37.00	2.00	0.00	0.00	25.00	3.00	1.00	16.00
Corn Dog, Mini G2/M2)	1 serv	2	270.00	410.00	3.50	0.00	12.00	10.00	0.00	6.00	0.00	0.00	40.00	5.00	5.00	30.00
Corn Dog (G2/M2)	1 Each	2	250.00	390.00	2.50	0.00	9.00	9.00	80.00	1.80	0.00	0.00	40.00	5.00	5.00	30.00
Veg, Potato Spiral Cut Curly GF 6/4/lb (1 srv = 2.17oz) - McCain Potatoes	1 1/2 Cup (cooked)	22	100.00	190.00	0.00	0.00	3.00	1.00	10.00	0.30	0.00	0.00	0.00	1.00	0.00	17.00
Veg, Potato, Seasoned 1/2" Stix 6/5lb, 34 srv/bag (1 srv = 2.29oz)	1 1/2 Cup	22	119.00	134.87	0.40	0.00	3.97	1.59	0.00	0.36	0.00	2.40	0.00	1.59	0.00	19.83
Veg, Potato, Seasoned Crinkle Cut, 6/5lb, 40 srv/bag (1 srv = 1.98oz)	1 1 Serving	22	130.00	240.00	0.50	0.00	4.50	2.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	22.00
Veg, Potato, Savory Wedge 6/5lb, 29 srv/bag (1 srv = 2.69oz)	1 Ounce	22	46.67	66.67	0.33	0.00	2.00	0.33	0.00	0.12	0.00	1.20	0.00	0.33	0.33	6.67
Veg, Potato, Tater Gems, 6/5lb, 32srv/bag (1 srv = 2.5oz = 10 tater tots)	1 Ounce	22	56.67	76.64	0.50	0.00	3.00	0.67	0.00	0.12	0.00	0.00	0.00	0.00	0.00	6.33

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Fruit, Apple, Red Delicious School Boy, 163 ct/cs (40lbs)	1 Each	2	95.08	2.00	0.00	0.00	0.17	0.00	11.07	0.00	97.98	8.35	0.00	4.00	10.39	25.04
Fruit, Apple Gala 150 ct/cs (40lb)	1 Each	2	70.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	100.00	6.00	0.00	3.00	14.00	19.00
Fruit, Applesauce 6/#10	1 1/2 Cup	2	51.00	2.00	0.00	0.00	0.00	0.00	80.00	2.88	0.00	0.00	0.00	1.00	11.00	14.00
Fruit, Orange Case 113 ct/cs	1 1/2 Cup	2	54.87	1.59	0.03	0.00	0.24	1.03	55.67	0.64	198.80	56.46	0.00	3.58	8.50	12.33
Veg, Tomato Salsa, Red Gold 6/#10 cans (3.0oz = 1 srv = 1/2 Red/Orange)	1 1 Serving	2	30.00	208.00	0.00	0.00	0.00	0.00	0.00	2.00	266.00	26.00	0.00	0.00	2.00	6.00
Veg, Bean Green 6/#10	1 1/2 Cup	2	16.00	140.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	2.00	1.00	3.00
Taco, Walking Beef Taco (G2/M2) - SH Beef, Salsa Based Rice	1 Each	4	347.23	840.00	6.70	0.00	16.75	19.75	143.50	2.59	300.13	0.00	64.00	4.62	2.23	30.86
Side, Bean, Zesty Kidney Bean Salad - WH Beans	1 1/2 Cup	4	80.37	290.55	0.17	0.00	1.51	5.42	41.66	1.35	0.13	1.63	0.00	4.13	0.10	14.00
Weighted Daily Average			885.87	1,590.97	9.75	0.00	36.74	34.38	352.06	5.66	599.94	13.55	87.53	8.40	27.25	107.65
% of calories					9.91	0.00	37.33	15.53								48.61

Wed 04/23/2025 - Breakfast Elementary	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Milk, Carton, White 1%, 70/8oz	1 ea	1	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	2	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Roll, Mini Cinnamon 72/cs (G2)	1 Each	2	240.00	270.00	2.00	0.00	7.00	5.00	40.00	1.44	0.00	0.00	0.00	2.00	15.00	39.00
Weighted Daily Average			172.00	213.00	1.10	0.00	3.30	7.20	198.80	0.58	450.00	0.00	4.00	0.80	18.00	28.00
% of calories					5.76	0.00	17.27	16.74								65.12

Wed 04/23/2025 - Lunch K-8	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag)	1 Tbs (Count)	2	20.00	160.00	0.00	0.00	0.00	0.00	0.00	0.00	100.00	1.20	0.00	0.00	4.00	5.00
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	2	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00

* Missing nutrient value

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Run By: vperry

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Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Condiment, Mayonnaise 200/12/gr	1 Each	2	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73
Condiment, Ketchup 6/112oz Jugs	1 Tbs (Count)	4	15.00	45.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.00	4.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	1 Tbs (Count)	4	35.00	135.00	0.50	0.00	3.50	0.50	10.00	0.00	0.00	0.00	2.50	0.00	0.50	1.00
Milk, Carton, White 1%, 70/8oz	1 ea	9	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	20	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Milk, Carton, Strawberry Skim, 70/8oz	1 ea	14	140.00	95.00	0.00	0.00	0.00	8.00	300.00	0.00	500.00	0.00	5.00	0.00	25.00	26.00
Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	2	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Fruit, Peach Dice 6/#10	1 Can	2	1,417.14	236.19	0.00	0.00	0.00	0.00	0.00	0.00	7,085.71	47.24	0.00	0.00	307.05	330.67
Fruit, Pear Fresh 135 ct/cs (43lb)	1 1 Serving	2	148.00	0.00	0.00	0.00	0.14	0.36	9.00	0.18	25.00	4.30	0.00	3.10	9.60	15.23
Veg, Carrot, Baby 2/5 Lb, 32 srv/bag (1 srv = 6 sticks)	1 1/2 Cup	2	29.79	50.14	0.00	0.00	0.00	0.67	23.97	0.22	2,155,557.61	4.28	0.00	2.04	4.00	6.91
Veg, Carroteenies Indiv 100/3oz	1 Bag	2	35.00	65.00	0.00	0.00	0.00	1.00	20.00	0.36	6,000.00	6.00	0.00	2.00	5.00	8.00
Veg, Bean, Kidney Red 6/#10 - 22 srv/can	1 1/2 Cup	2	100.00	140.00	0.00	0.00	0.50	8.00	60.00	2.00	0.00	0.00	0.00	6.00	0.00	20.00
Condiment, Syrup Maple 200/1.5oz	1 1 Serving	4	120.00	40.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	17.00	31.00
Chicken, Chicken Leg and Waffles (No Syrup, 2.75G/2M)	1 Each	4	380.00	740.00	3.00	0.00	19.00	23.00	20.00	1.72	100.00	0.00	70.00	3.00	4.00	30.00
Parfait, Lunch Strawberry Parfait (G2/M2)	1 Each	2	445.56	201.70	0.67	0.00	3.83	11.67	226.38	2.36	1,046.20	41.81	5.34	6.04	50.44	95.48
Parfait, Lunch Peach & Yogurt Parfait (G2/M2) - WH Peaches	1 Each	2	456.14	198.94	0.59	0.00	3.67	10.87	186.14	1.60	1,180.71	2.00	4.70	4.00	54.83	97.40
Chef's Choice	1 1 Serving	4	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			307.69	319.25	0.95	0.00	3.56	12.38	315.89	0.52	97,136.46	4.75	14.26	1.39	42.77	54.69
% of calories					2.79	0.00	10.42	16.10								71.09

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Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Wed 04/23/2025 - Breakfast High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	1	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Weighted Daily Average			42.00	70.00	0.40	0.00	1.40	1.80	29.20	0.38	0.00	0.00	3.00	0.60	1.00	5.40
% of calories					8.57	0.00	30.00	17.14								51.43

Wed 04/23/2025 - Lunch High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Sauce Taco Individual 200/cs	1 Packet	2	0.00	55.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Sauce Tartar Indiv 500 pc/case	1 Each	2	40.00	100.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	5.00	0.00	2.00	3.00
Condiment, Sauce BBQ, Individual, 100/1 oz	1 Each	2	45.00	210.00	0.00	0.00	0.00	0.00	20.00	0.36	100.00	1.20	0.00	0.00	9.00	10.00
Condiment, Spice Tajin packet 1000/.035oz	1 Each	2	2.00	127.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	5.40	0.00	0.00	0.00	0.00
Condiment, Sauce Sweet & Sour Individual 100/1oz	1 Each	2	45.00	120.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	4.00	12.00
Croutons, Cheese & Garlic IW WG 250/.5oz	1 serv	9	60.00	150.00	0.00	0.00	2.00	2.00	0.00	0.36	0.00	0.00	0.00	1.00	1.00	9.00
Dressing, Raspberry Vinaigrette Packet, 60/1.5 oz	1 Packet	2	40.00	370.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	9.00	9.00
Dressing, Boom Boom 4/1gal	2 Tbs (Count)	2	150.00	250.00	2.50	0.00	16.00	0.00	0.00	0.00	100.00	2.40	15.00	0.00	2.00	2.00
Dressing, Caesar 2/1gal	2 Tablespoon	2	150.00	290.00	3.00	0.00	16.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	1.00	1.00
Dressing, Balsamic Vinaigrette 2/1gal	2 Tbs (Count)	2	100.00	320.00	1.50	0.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00	1.00
Dressing, Honey Mustard, 2/1gal	2 Tbs (Count)	2	50.00	240.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	10.00	0.00	8.00	12.00
Dressing, Italian Old Venice 2/1gal	2 Tbs (Count)	2	100.00	480.00	1.50	0.00	10.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00	2.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	2 Tbs (Count)	2	70.00	270.00	1.00	0.00	7.00	1.00	20.00	0.00	0.00	0.00	5.00	0.00	1.00	2.00

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Run By: vperry

Filename: Menu Plan Nutrients By Item.rdlc

Run On: 4/17/2025 8:02:54 AM

Menu Plan Nutrients By Item

Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Condiment, Mayonnaise 200/12/gr	1 Each	1	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73
Condiment, Pickle, Sweet Relish Individual, 500/9 gram packets	1 Each	2	15.00	70.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.00	3.00
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	2	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Ketchup Indiv 1000/9gr	1 Each	2	10.00	85.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	2.00	2.00
Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag)	2 Tbs (Count)	11	40.00	320.00	0.00	0.00	0.00	0.00	0.00	0.00	200.00	2.40	0.00	0.00	8.00	10.00
Condiment, Ketchup 6/112oz Jugs	2 Tbs (Count)	2	30.00	90.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	6.00	8.00
Milk, Carton, White 1%, 70/8oz	1 ea	2	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Strawberry Skim, 70/8oz	1 ea	4	140.00	95.00	0.00	0.00	0.00	8.00	300.00	0.00	500.00	0.00	5.00	0.00	25.00	26.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	4	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Bev, Tea Bag Cold , 96/cs	1 Gallon	2	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad, Chef (M3/V1) - WH Turkey Ham & Cheese, Fairmeadow Egg	1 1 Serving	2	246.02	692.10	4.76	0.00	11.16	27.54	207.91	7.32	514.75	6.90	220.77	2.60	5.89	10.05
Salad, Cobb (M2.5/V1) - WH Turkey Ham & Cheese, Fairmeadow Egg	1 1 Serving	2	261.22	603.36	6.08	0.00	15.09	22.34	191.69	7.60	543.01	7.67	213.03	2.74	6.98	9.94
Salad, Garden (M2/V1) - WH Cheese, Fairmeadow Egg	1 Each	2	218.58	249.21	7.50	0.00	14.00	14.64	320.49	1.15	716.61	26.16	200.00	2.77	6.00	8.77
Salad, Chicken Caesar (M2) - Diced Chicken	1 Each	2	154.67	168.83	2.15	0.00	5.83	18.25	98.00	0.55	526.25	6.90	47.17	2.60	3.35	6.75
Dough, Roll W/G Proof & Bake 256/2.25oz (G2)	1 serv	2	160.00	260.00	0.50	0.00	3.50	5.00	0.00	1.44	0.00	3.60	0.00	2.00	5.00	27.00
Bar, Lemon Chip Crunch Bar 120/2.25 oz (G2)	1 Each	2	260.00	160.00	2.00	0.00	8.00	4.00	20.00	1.44	100.00	0.00	5.00	2.00	16.00	42.00
Bar, Cherry/Apple Crunch 120/2.25oz (G2)	1 Each	2	260.00	90.00	2.00	0.00	8.00	4.00	20.00	1.44	100.00	0.00	5.00	2.00	16.00	42.00
Wrap, Veggie (G2/M2) - SH Shredded Cheese	1 Each	2	465.94	736.39	17.00	0.00	30.00	18.75	536.88	2.18	999.78	19.51	80.00	3.72	4.31	33.05
Wrap, Chicken Caesar (G2/M2) - SH Diced Chicken, WW Tortilla	1 Each	2	476.00	745.00	6.00	0.00	28.00	25.00	174.00	2.72	100.00	0.00	75.00	4.00	2.00	31.00

* Missing nutrient value

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Wrap, Turkey Ham & Swiss Cheese - WH Turkey Ham	1 Each	2	380.64	594.21	8.51	0.00	20.24	25.80	410.92	8.23	409.97	6.74	55.26	4.09	2.03	31.44
Wrap, Spicy Chicken (G3/M2) - WH Cheese & Spicy Chicken Patty	1 Each	2	499.84	757.46	6.51	0.00	24.60	22.93	277.42	4.13	598.47	6.74	40.00	7.09	1.50	46.91
Wrap, Turkey Bacon (G2/M2) - Wh Cheese	1 Each	2	361.58	902.51	5.10	0.00	14.45	26.68	237.42	2.81	498.47	6.74	60.87	4.09	1.13	30.55
Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	2	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Sandwich, Ham & Cheese - WH Turkey Ham & Cheese	1 Each	2	265.80	791.74	3.00	0.00	9.14	16.87	0.00	7.54	0.00	0.00	30.26	2.00	7.53	29.53
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	2	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, PB&J Uncrustable Strawberry - 72/5.3oz (G2 and M2)	1 Each	2	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, Italian Sub (G2/M2)	1 Each	2	373.00	1,263.00	7.00	0.00	16.80	24.00	244.00	2.86	5.00	3.18	82.00	3.00	4.00	31.00
Sandwich, Turkey California (G2/M2)	1 Each	2	341.85	1,155.61	6.58	0.00	15.68	21.77	154.00	2.00	0.00	0.00	57.59	2.00	5.63	28.63
Box, Protein Peanut Butter (G2/M2.75/F0.5) - LOL Cheese	1 Each	2	621.55	446.74	7.28	0.00	32.53	21.37	204.92	3.05	48.56	37.88	19.42	9.71	29.14	70.90
Box, Protein Cottage Cheese & Bread Slice (G2/M2/F0.5)	1 Each	2	415.00	635.00	3.00	0.00	10.00	19.50	226.50	1.36	950.00	5.50	5.00	2.50	41.50	64.00
Plate, Benefit Bar (2G/2MMA) - LOL Cheese	1 1 Serving	2	453.33	473.33	7.50	0.00	15.83	15.33	326.13	3.99	261.36	0.00	43.33	3.00	33.67	64.00
Box, Protein 1 Grain Muffin (G1/M2) - Add Grain	1 Each	2	419.12	304.00	5.47	0.00	12.45	13.04	330.00	0.75	213.04	0.60	51.40	4.44	43.04	64.46
Pizza, HS Cheese Primo, 72 svs/cs (G2 and M2)	1 Each	2	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00
Pizza, HS Pepperoni Primo, 72 svgs/cs (G2 and M2)	1 Each	2	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Burger, Hamburger (G2/M2) - SH Beef	1 Each	2	330.00	520.00	5.50	0.00	15.50	23.00	60.00	2.52	0.00	0.00	60.00	2.00	3.00	26.00
Burger, Cheeseburger (G2/M2.5) - Shamrock Beef & Warehouse Cheese	1 Each	2	370.00	660.00	7.00	0.00	18.00	26.00	60.00	2.52	0.00	0.00	67.50	2.00	4.00	27.00
Sandwich, Chicken Patty (G3/M2)	1 Each	2	380.00	720.00	3.00	0.00	15.50	20.00	95.00	3.08	0.00	0.00	25.00	5.00	4.00	41.00
Sandwich, Chicken Spicy Patty (G3/M2)	1 Each	2	410.00	660.00	3.50	0.00	17.50	21.00	100.00	3.08	100.00	0.00	25.00	5.00	4.00	43.00

* Missing nutrient value

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Sandwich, Chicken Grilled (2G/2.25MMA)	1 Each	2	260.00	580.00	1.00	0.00	5.00	28.00	72.00	2.08	0.00	0.00	60.00	2.00	3.00	27.00
Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	2	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Chicken, Nuggets (5 nugg = G1/M2) - HS must add 1 grain	1 Each	2	260.00	400.00	2.50	0.00	15.00	16.00	37.00	2.00	0.00	0.00	25.00	3.00	1.00	16.00
Corn Dog, Mini G2/M2)	1 serv	2	270.00	410.00	3.50	0.00	12.00	10.00	0.00	6.00	0.00	0.00	40.00	5.00	5.00	30.00
Corn Dog (G2/M2)	1 Each	2	250.00	390.00	2.50	0.00	9.00	9.00	80.00	1.80	0.00	0.00	40.00	5.00	5.00	30.00
Veg, Potato, Tater Gems, 6/5lb, 32srv/bag (1 srv = 2.5oz = 10 tater tots)	1 1/2 Cup	2	141.67	191.59	1.25	0.00	7.50	1.67	0.00	0.30	0.00	0.00	0.00	0.00	0.00	15.83
Fruit, Apple, Red Delicious School Boy, 163 ct/cs (40lbs)	1 Each	2	95.08	2.00	0.00	0.00	0.17	0.00	11.07	0.00	97.98	8.35	0.00	4.00	10.39	25.04
Fruit, Orange Case 113 ct/cs	1 1/2 Cup	2	54.87	1.59	0.03	0.00	0.24	1.03	55.67	0.64	198.80	56.46	0.00	3.58	8.50	12.33
Fruit, Peach Dice 6/#10	1 Can	2	1,417.14	236.19	0.00	0.00	0.00	0.00	0.00	0.00	7,085.71	47.24	0.00	0.00	307.05	330.67
Fruit, Pear Fresh 135 ct/cs (43lb)	1 1 Serving	2	148.00	0.00	0.00	0.00	0.14	0.36	9.00	0.18	25.00	4.30	0.00	3.10	9.60	15.23
Veg, Carrot, Baby 2/5 Lb, 32 srv/bag (1 srv = 6 sticks)	1 1/2 Cup	2	29.79	50.14	0.00	0.00	0.00	0.67	23.97	0.22	2,155,557.61	4.28	0.00	2.04	4.00	6.91
Veg, Carroteenies Indiv 100/3oz	1 Bag	2	35.00	65.00	0.00	0.00	0.00	1.00	20.00	0.36	6,000.00	6.00	0.00	2.00	5.00	8.00
Veg, Bean, Kidney Red 6/#10 - 22 srv/can	1 1/2 Cup	2	100.00	140.00	0.00	0.00	0.50	8.00	60.00	2.00	0.00	0.00	0.00	6.00	0.00	20.00
Breakfast Sandwich, EC Croissant (G2/M2) - WH Cheese, Papetti Omelet	1 Each	2	290.00	600.00	5.50	0.00	15.00	12.00	140.00	1.88	0.00	0.00	165.00	2.00	3.00	30.00
Breakfast Sandwich, Turkey HEC Croissant (G2/M2.5) - WH Turkey Ham & Cheese, Papetti Egg	1 Each	2	316.10	803.39	4.50	0.00	12.65	17.91	80.00	7.72	0.00	0.00	117.86	2.00	5.54	32.54
Breakfast Sandwich, Turkey SEC Croissant (G2/M2.5) - WH Cheese, Papetti Egg	1 Each	2	330.00	630.00	5.50	0.00	15.50	17.00	100.00	2.30	0.00	0.00	132.50	2.00	4.00	31.00
Frenchy's Brunch (Turkey Sausage, No Syrup 2G/2M) - Bake Crafter French Toast	1 Each	4	360.00	440.00	3.00	0.00	15.00	18.00	40.00	0.72	0.00	0.00	70.00	2.00	10.00	38.00

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Condiment, Syrup Maple 200/1.5oz	1 1 Serving	2	120.00	40.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	17.00	31.00
Weighted Daily Average			781.42	1,290.32	9.31	0.00	30.68	33.58	350.00	5.38	96,942.24	12.97	106.53	6.96	42.31	93.22
% of calories					10.72	0.00	35.34	17.19								47.72

Thu 04/24/2025 - Breakfast Elementary	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Milk, Carton, White 1%, 70/8oz	1 ea	1	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	2	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Weighted Daily Average			76.00	105.00	0.30	0.00	0.50	5.20	182.80	0.00	450.00	0.00	4.00	0.00	12.00	12.40
% of calories					3.55	0.00	5.92	27.37								65.26

Thu 04/24/2025 - Lunch K-8	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag)	1 Tbs (Count)	2	20.00	160.00	0.00	0.00	0.00	0.00	0.00	0.00	100.00	1.20	0.00	0.00	4.00	5.00
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	2	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Mayonnaise 200/12/gr	1 Each	2	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73
Condiment, Ketchup 6/112oz Jugs	1 Tbs (Count)	4	15.00	45.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.00	4.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	1 Tbs (Count)	4	35.00	135.00	0.50	0.00	3.50	0.50	10.00	0.00	0.00	0.00	2.50	0.00	0.50	1.00
Milk, Carton, White 1%, 70/8oz	1 ea	9	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	20	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Milk, Carton, Strawberry Skim, 70/8oz	1 ea	13	140.00	95.00	0.00	0.00	0.00	8.00	300.00	0.00	500.00	0.00	5.00	0.00	25.00	26.00

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Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	2	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Fruit, Banana Ripe 96 ct/cs	1 ea	2	105.00	0.00	0.00	0.00	0.40	1.29	5.90	0.31	75.50	10.30	0.00	3.07	14.40	27.00
Fruit, Apple Sliced Ind bags 100/cs (1sv)	1 Bag	2	30.00	0.00	0.00	0.00	0.00	0.00	10.00	0.18	50.00	39.00	0.00	1.00	6.00	7.00
Veg, Broccoli, Spear Frozen 12/2/lb (10 srv/bag; 120 srv/case)	1 1/2 Cup	2	25.80	22.10	0.00	0.00	0.10	2.85	46.90	0.56	929.00	36.90	0.00	2.76	1.35	4.93
Veg, Cauliflower Florets 2/3lb, 27 srv/bag (1 srv = 5 florets)	1 1/2 Cup	2	16.33	16.33	0.04	0.00	0.15	1.04	11.98	0.23	0.00	26.24	0.00	1.09	1.91	2.71
Fried Rice Bowl, Orange Chicken w/Fried Rice & Ed. Cracker (2G/2M)	1 1 Serving	22	415.81	616.32	1.50	0.00	7.76	16.02	5.03	1.77	0.00	1.20	40.00	3.01	19.51	68.16
Minh, Orange Sauce 5 6lb bag	1 1 Serving	22	50.00	100.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	11.00	12.00
Rice Bowl, Chicken Pot Stickers w/Rice (4 Dumplings) - Elementary	1 1 Serving	22	268.00	371.67	0.33	0.00	5.67	14.33	23.33	2.92	0.00	0.00	23.33	3.33	2.00	42.67
Box, Protein Chocolate No Nut Butter (G2/M2/F0.5/V0.5)	1 Each	4	618.08	230.40	6.02	0.00	32.09	10.35	50.20	2.08	376.75	40.57	5.00	6.81	*	77.50
Veg, Edamame - 6/2.5lb - 80 sv/cs	1 1/2 Cup	9	110.00	5.00	0.00	0.00	3.50	5.00	20.00	0.72	2,000.00	4.80	0.00	4.00	3.00	11.00
Weighted Daily Average			600.07	780.60	2.11	0.00	11.92	26.78	316.69	2.81	1,137.86	10.43	39.77	5.06	39.62*	96.32
% of calories					3.16	0.00	17.88	17.85								64.20

Thu 04/24/2025 - Breakfast Pre-K

There are no items to display. Meal quantity/% or A la carte quantity/% must be > 0.

* Missing nutrient value

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Thu 04/24/2025 - Lunch Pre-K	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Sunbutter and Grape Jelly Crustless 96/2.8oz (G1.5 and M1)	1 Each	44	310.00	300.00	2.00	0.00	15.00	9.00	27.00	5.00	0.00	0.00	0.00	4.00	11.00	33.00
Yogurt, Strawberry/Banana 48/cs	1 Each	2	70.00	60.00	0.00	0.00	0.00	4.00	150.00	0.00	0.00	0.00	0.00	0.00	10.00	14.00
Yogurt, Vanilla 48/4oz	1 Each	2	70.00	60.00	0.00	0.00	0.00	4.00	150.00	0.00	0.00	0.00	5.00	0.00	10.00	14.00
Fruit, Banana Ripe 96 ct/cs	1 ea	2	105.00	0.00	0.00	0.00	0.40	1.29	5.90	0.31	75.50	10.30	0.00	3.07	14.40	27.00
Veg, Carroteenies Indiv 100/3oz	1 Bag	2	35.00	65.00	0.00	0.00	0.00	1.00	20.00	0.36	6,000.00	6.00	0.00	2.00	5.00	8.00
Weighted Daily Average			322.73	308.41	2.00	0.00	15.02	9.47	41.81	5.03	276.16	0.74	0.23	4.23	12.79	35.86
% of calories					5.58	0.00	41.88	11.73								44.45

Thu 04/24/2025 - Breakfast High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	1	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Weighted Daily Average			42.00	70.00	0.40	0.00	1.40	1.80	29.20	0.38	0.00	0.00	3.00	0.60	1.00	5.40
% of calories					8.57	0.00	30.00	17.14								51.43

Thu 04/24/2025 - Lunch High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Sauce Taco Individual 200/cs	1 Packet	2	0.00	55.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Sauce Tartar Indiv 500 pc/case	1 Each	2	40.00	100.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	5.00	0.00	2.00	3.00
Condiment, Sauce BBQ, Individual, 100/1 oz	1 Each	2	45.00	210.00	0.00	0.00	0.00	0.00	20.00	0.36	100.00	1.20	0.00	0.00	9.00	10.00
Condiment, Spice Tajin packet 1000/.035oz	1 Each	2	2.00	127.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	5.40	0.00	0.00	0.00	0.00
Condiment, Sauce Sweet & Sour Individual 100/1oz	1 Each	2	45.00	120.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	4.00	12.00
Croutons, Cheese & Garlic IW WG 250/.5oz	1 serv	9	60.00	150.00	0.00	0.00	2.00	2.00	0.00	0.36	0.00	0.00	0.00	1.00	1.00	9.00
Dressing, Raspberry Vinaigrette Packet, 60/1.5 oz	1 Packet	2	40.00	370.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	9.00	9.00

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Dressing, Boom Boom 4/1gal	2 Tbs (Count)	2	150.00	250.00	2.50	0.00	16.00	0.00	0.00	0.00	100.00	2.40	15.00	0.00	2.00	2.00
Dressing, Caesar 2/1gal	2 Tablespoon	2	150.00	290.00	3.00	0.00	16.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	1.00	1.00
Dressing, Balsamic Vinaigrette 2/1gal	2 Tbs (Count)	2	100.00	320.00	1.50	0.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00	1.00
Dressing, Honey Mustard, 2/1gal	2 Tbs (Count)	2	50.00	240.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	10.00	0.00	8.00	12.00
Dressing, Italian Old Venice 2/1gal	2 Tbs (Count)	2	100.00	480.00	1.50	0.00	10.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00	2.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	2 Tbs (Count)	2	70.00	270.00	1.00	0.00	7.00	1.00	20.00	0.00	0.00	0.00	5.00	0.00	1.00	2.00
Condiment, Mayonnaise 200/12/gr	1 Each	1	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73
Condiment, Pickle, Sweet Relish Individual, 500/9 gram packets	1 Each	2	15.00	70.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.00	3.00
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	2	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Ketchup Indiv 1000/9gr	1 Each	2	10.00	85.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	2.00	2.00
Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag)	2 Tbs (Count)	11	40.00	320.00	0.00	0.00	0.00	0.00	0.00	0.00	200.00	2.40	0.00	0.00	8.00	10.00
Condiment, Ketchup 6/112oz Jugs	2 Tbs (Count)	2	30.00	90.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	6.00	8.00
Milk, Carton, White 1%, 70/8oz	1 ea	2	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Strawberry Skim, 70/8oz	1 ea	4	140.00	95.00	0.00	0.00	0.00	8.00	300.00	0.00	500.00	0.00	5.00	0.00	25.00	26.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	4	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Bev, Tea Bag Cold , 96/cs	1 Gallon	2	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad, Chef (M3/V1) - WH Turkey Ham & Cheese, Fairmeadow Egg	1 1 Serving	2	246.02	692.10	4.76	0.00	11.16	27.54	207.91	7.32	514.75	6.90	220.77	2.60	5.89	10.05
Salad, Cobb (M2.5/V1) - WH Turkey Ham & Cheese, Fairmeadow Egg	1 1 Serving	2	261.22	603.36	6.08	0.00	15.09	22.34	191.69	7.60	543.01	7.67	213.03	2.74	6.98	9.94
Salad, Garden (M2/V1) - WH Cheese, Fairmeadow Egg	1 Each	2	218.58	249.21	7.50	0.00	14.00	14.64	320.49	1.15	716.61	26.16	200.00	2.77	6.00	8.77

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Salad, Chicken Caesar (M2) - Diced Chicken	1 Each	2	154.67	168.83	2.15	0.00	5.83	18.25	98.00	0.55	526.25	6.90	47.17	2.60	3.35	6.75
Dough, Roll W/G Proof & Bake 256/2.25oz (G2)	1 serv	2	160.00	260.00	0.50	0.00	3.50	5.00	0.00	1.44	0.00	3.60	0.00	2.00	5.00	27.00
Bar, Lemon Chip Crunch Bar 120/2.25 oz (G2)	1 Each	2	260.00	160.00	2.00	0.00	8.00	4.00	20.00	1.44	100.00	0.00	5.00	2.00	16.00	42.00
Bar, Cherry/Apple Crunch 120/2.25oz (G2)	1 Each	2	260.00	90.00	2.00	0.00	8.00	4.00	20.00	1.44	100.00	0.00	5.00	2.00	16.00	42.00
Wrap, Veggie (G2/M2) - SH Shredded Cheese	1 Each	2	465.94	736.39	17.00	0.00	30.00	18.75	536.88	2.18	999.78	19.51	80.00	3.72	4.31	33.05
Wrap, Chicken Caesar (G2/M2) - SH Diced Chicken, WW Tortilla	1 Each	2	476.00	745.00	6.00	0.00	28.00	25.00	174.00	2.72	100.00	0.00	75.00	4.00	2.00	31.00
Wrap, Turkey Ham & Swiss Cheese - WH Turkey Ham	1 Each	2	380.64	594.21	8.51	0.00	20.24	25.80	410.92	8.23	409.97	6.74	55.26	4.09	2.03	31.44
Wrap, Spicy Chicken (G3/M2) - WH Cheese & Spicy Chicken Patty	1 Each	2	499.84	757.46	6.51	0.00	24.60	22.93	277.42	4.13	598.47	6.74	40.00	7.09	1.50	46.91
Wrap, Turkey Bacon (G2/M2) - Wh Cheese	1 Each	2	361.58	902.51	5.10	0.00	14.45	26.68	237.42	2.81	498.47	6.74	60.87	4.09	1.13	30.55
Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	2	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Sandwich, Ham & Cheese - WH Turkey Ham & Cheese	1 Each	2	265.80	791.74	3.00	0.00	9.14	16.87	0.00	7.54	0.00	0.00	30.26	2.00	7.53	29.53
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	2	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, PB&J Uncrustable Strawberry - 72/5.3oz (G2 and M2)	1 Each	2	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, Italian Sub (G2/M2)	1 Each	2	373.00	1,263.00	7.00	0.00	16.80	24.00	244.00	2.86	5.00	3.18	82.00	3.00	4.00	31.00
Sandwich, Turkey California (G2/M2)	1 Each	2	341.85	1,155.61	6.58	0.00	15.68	21.77	154.00	2.00	0.00	0.00	57.59	2.00	5.63	28.63
Box, Protein Peanut Butter (G2/M2.75/F0.5) - LOL Cheese	1 Each	2	621.55	446.74	7.28	0.00	32.53	21.37	204.92	3.05	48.56	37.88	19.42	9.71	29.14	70.90
Box, Protein Cottage Cheese & Bread Slice (G2/M2/F0.5)	1 Each	2	415.00	635.00	3.00	0.00	10.00	19.50	226.50	1.36	950.00	5.50	5.00	2.50	41.50	64.00
Plate, Benefit Bar (2G/2MMA) - LOL Cheese	1 1 Serving	2	453.33	473.33	7.50	0.00	15.83	15.33	326.13	3.99	261.36	0.00	43.33	3.00	33.67	64.00
Box, Protein 1 Grain Muffin (G1/M2) - Add Grain	1 Each	2	419.12	304.00	5.47	0.00	12.45	13.04	330.00	0.75	213.04	0.60	51.40	4.44	43.04	64.46

* Missing nutrient value

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Menu Plan Nutrients By Item

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Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Pizza, HS Cheese Primo, 72 svgs/cs (G2 and M2)	1 Each	2	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00
Pizza, HS Pepperoni Primo, 72 svgs/cs (G2 and M2)	1 Each	2	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Burger, Hamburger (G2/M2) - SH Beef	1 Each	2	330.00	520.00	5.50	0.00	15.50	23.00	60.00	2.52	0.00	0.00	60.00	2.00	3.00	26.00
Burger, Cheeseburger (G2/M2.5) - Shamrock Beef & Warehouse Cheese	1 Each	2	370.00	660.00	7.00	0.00	18.00	26.00	60.00	2.52	0.00	0.00	67.50	2.00	4.00	27.00
Sandwich, Chicken Patty (G3/M2)	1 Each	2	380.00	720.00	3.00	0.00	15.50	20.00	95.00	3.08	0.00	0.00	25.00	5.00	4.00	41.00
Sandwich, Chicken Spicy Patty (G3/M2)	1 Each	2	410.00	660.00	3.50	0.00	17.50	21.00	100.00	3.08	100.00	0.00	25.00	5.00	4.00	43.00
Sandwich, Chicken Grilled (2G/2.25MMA)	1 Each	2	260.00	580.00	1.00	0.00	5.00	28.00	72.00	2.08	0.00	0.00	60.00	2.00	3.00	27.00
Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	2	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Chicken, Nuggets (5 nugg = G1/M2) - HS must add 1 grain	1 Each	2	260.00	400.00	2.50	0.00	15.00	16.00	37.00	2.00	0.00	0.00	25.00	3.00	1.00	16.00
Corn Dog, Mini G2/M2)	1 serv	2	270.00	410.00	3.50	0.00	12.00	10.00	0.00	6.00	0.00	0.00	40.00	5.00	5.00	30.00
Corn Dog (G2/M2)	1 Each	2	250.00	390.00	2.50	0.00	9.00	9.00	80.00	1.80	0.00	0.00	40.00	5.00	5.00	30.00
Veg, Potato Spiral Cut Curly GF 6/4/lb (1 srv = 2.17oz) - McCain Potatoes	1 1/2 Cup (cooked)	22	100.00	190.00	0.00	0.00	3.00	1.00	10.00	0.30	0.00	0.00	0.00	1.00	0.00	17.00
Veg, Potato, Seasoned 1/2" Stix 6/5lb, 34 srv/bag (1 srv = 2.29oz)	1 1/2 Cup	22	119.00	134.87	0.40	0.00	3.97	1.59	0.00	0.36	0.00	2.40	0.00	1.59	0.00	19.83
Veg, Potato, Seasoned Crinkle Cut, 6/5lb, 40 srv/bag (1 srv = 1.98oz)	1 1 Serving	22	130.00	240.00	0.50	0.00	4.50	2.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	22.00
Veg, Potato, Savory Wedge 6/5lb, 29 srv/bag (1 srv = 2.69oz)	1 Ounce	22	46.67	66.67	0.33	0.00	2.00	0.33	0.00	0.12	0.00	1.20	0.00	0.33	0.33	6.67
Veg, Potato, Tater Gems, 6/5lb, 32srv/bag (1 srv = 2.5oz = 10 tater tots)	1 Ounce	22	56.67	76.64	0.50	0.00	3.00	0.67	0.00	0.12	0.00	0.00	0.00	0.00	0.00	6.33
Salad, Bulk, Mixed Green Salad	1 Cup	2	18.70	13.31	0.00	0.00	0.02	1.10	17.24	0.29	0.00	5.87	0.00	1.37	1.63	4.01
Fruit, Apple, Red Delicious School Boy, 163 ct/cs (40lbs)	1 Each	2	95.08	2.00	0.00	0.00	0.17	0.00	11.07	0.00	97.98	8.35	0.00	4.00	10.39	25.04

* Missing nutrient value

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Run By: vperry

Filename: Menu Plan Nutrients By Item.rdlc

Run On: 4/17/2025 8:02:54 AM

Menu Plan Nutrients By Item

Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Fruit, Apple Gala 150 ct/cs (40lb)	1 Each	2	70.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	100.00	6.00	0.00	3.00	14.00	19.00
Fruit, Orange Case 113 ct/cs	1 1/2 Cup	2	54.87	1.59	0.03	0.00	0.24	1.03	55.67	0.64	198.80	56.46	0.00	3.58	8.50	12.33
Fruit, Banana Ripe 96 ct/cs	1 ea	2	105.00	0.00	0.00	0.00	0.40	1.29	5.90	0.31	75.50	10.30	0.00	3.07	14.40	27.00
Fruit, Apple Sliced Ind bags 100/cs (1sv)	1 Bag	2	30.00	0.00	0.00	0.00	0.00	0.00	10.00	0.18	50.00	39.00	0.00	1.00	6.00	7.00
Veg, Broccoli, Spear Frozen 12/2/lb (10 srv/bag; 120 srv/case)	1 1/2 Cup	2	25.80	22.10	0.00	0.00	0.10	2.85	46.90	0.56	929.00	36.90	0.00	2.76	1.35	4.93
Veg, Cauliflower Florets 2/3lb, 27 srv/bag (1 srv = 5 florets)	1 1/2 Cup	2	16.33	16.33	0.04	0.00	0.15	1.04	11.98	0.23	0.00	26.24	0.00	1.09	1.91	2.71
Chicken, Popcorn Chicken Bowl (G3/M2) - HS w/Mashed Potatoes & Frozen Corn	1 Each	22	587.00	1,191.00	3.00	0.00	21.00	24.00	45.12	4.01	167.42	12.81	25.00	8.00	10.00	79.00
Weighted Daily Average			1,165.13	2,106.30	10.85	0.00	46.45	45.12	366.33	7.29	705.83	24.31	96.20	12.08	33.17	146.55
% of calories					8.38	0.00	35.88	15.49								50.31

Fri 04/25/2025 - Breakfast Elementary	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Milk, Carton, White 1%, 70/8oz	1 ea	1	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	2	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
All American Breakfast (With Syrup, Egg, Bacon, Pancake)	1 Each	1	357.03	606.45	3.58	0.00	12.44	11.80	71.00	1.80	200.00	0.00	206.01	1.00	22.63	48.63
Weighted Daily Average			147.41	226.29	1.02	0.00	2.99	7.56	197.00	0.36	490.00	0.00	45.20	0.20	16.53	22.13
% of calories					6.21	0.00	18.24	20.52								60.04

Fri 04/25/2025 - Lunch K-8	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag)	1 Tbs (Count)	2	20.00	160.00	0.00	0.00	0.00	0.00	0.00	0.00	100.00	1.20	0.00	0.00	4.00	5.00
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	2	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Mayonnaise 200/12/gr	1 Each	2	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73

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Menu Plan Nutrients By Item

Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Condiment, Ketchup 6/112oz Jugs	1 Tbs (Count)	4	15.00	45.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.00	4.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	1 Tbs (Count)	4	35.00	135.00	0.50	0.00	3.50	0.50	10.00	0.00	0.00	0.00	2.50	0.00	0.50	1.00
Milk, Carton, White 1%, 70/8oz	1 ea	9	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	20	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Milk, Carton, Strawberry Skim, 70/8oz	1 ea	13	140.00	95.00	0.00	0.00	0.00	8.00	300.00	0.00	500.00	0.00	5.00	0.00	25.00	26.00
Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	2	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Fruit, Pear Dice 6/#10	1 1/2 Cup	2	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.60	0.00	2.00	12.00	16.00
Fruit, Strawberry Sliced Frozen IQF 6/5lb (4 srv/lb) approx. 109 srv/cs	1 1/2 Cup	2	25.49	0.00	0.00	0.00	0.00	0.00	16.32	0.76	45.89	41.81	0.00	2.04	5.10	7.14
Veg, Celery Stick 1/5lb, 35 srv/cs (1 srv = 6 sticks)	1 1/2 Cup	2	8.08	40.40	0.02	0.00	0.09	0.35	20.20	0.10	226.75	1.57	0.00	0.81	*	1.50
Salad, Bulk, Garden Salad - WH Cheese	1 Cup (dry)	2	51.12	62.22	1.92	0.00	2.88	3.20	101.88	0.05	227.04	2.96	9.60	1.30	1.78	3.23
Pizza, Ardella's 5" Personal Round Cheese	1 1 Serving	4	306.94	684.95	5.75	0.00	10.54	19.33	452.44	0.32	454.17	9.74	36.29	3.59	3.44	33.25
Pizza, Ardella's 5" Personal Round Pepperoni - Turkey Pepperoni	1 1 Serving	4	322.57	768.33	6.01	0.00	11.32	20.89	452.44	0.42	454.17	9.74	42.80	3.59	3.70	33.51
Pizza, Ardella's 5" Personal Round Pepperoni - Beef and Pork Pepperoni	1 1 Serving	4	344.44	802.45	7.00	0.00	14.04	20.58	457.44	0.41	454.17	9.74	43.79	3.59	3.44	33.25
Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	20	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Weighted Daily Average			409.73	718.31	5.62	0.00	12.22	20.96	556.96	1.85	884.08	6.62	28.35	3.17	24.41*	52.71
% of calories					12.35	0.00	26.83	20.46								51.46

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Menu Plan Nutrients By Item

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Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Fri 04/25/2025 - Breakfast Pre-K	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Pancake WG Bulk 144/cs (1Cake = G1)	2 Piece	2	180.00	220.00	0.00	0.00	4.00	4.00	60.00	1.40	0.00	0.00	6.67	2.00	10.00	30.00
Condiment, Syrup Maple 200/1.5oz	1 1 Serving	2	120.00	40.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	17.00	31.00
Fruit Juice, Very Berry Shelf Stable 40/4.23oz	1 serv	1	60.00	10.00	0.00	0.00	0.00	0.00	10.00	0.00	0.00	0.00	0.00	0.00	15.00	17.00
Fruit Juice, Fruit Punch Shelf Stable 40/4.23oz	1 serv	1	60.00	5.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	14.00	15.00
Fruit Juice, Orange Tangerine Shelf Stable 40/4.23oz	1 serv	1	60.00	10.00	0.00	0.00	0.00	0.00	19.00	0.00	0.00	0.00	0.00	0.00	13.00	15.00
Fruit Juice, Apple Shelf Stable 40/4.23oz	1 serv	1	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	500.00	60.00	0.00	0.00	12.00	14.00
Weighted Daily Average			168.00	110.00	0.00	0.00	1.60	1.60	33.80	0.56	100.00	12.00	2.67	0.80	21.60	36.60
% of calories					0.00	0.00	8.57	3.81								87.14

Fri 04/25/2025 - Lunch Pre-K	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Cracker, Graham Honey Belly Bears, 200/cs 1oz (G1)	1 Ounce	2	120.00	90.00	0.00	0.00	4.00	2.00	100.00	0.72	0.00	0.00	0.00	1.00	7.00	20.00
No Nut Butter Chocolate Cups 120srv/cs (2oz = 2MMA)	1 serv	4	320.00	100.00	4.00	0.00	24.00	6.00	0.00	0.36	0.00	0.00	0.00	3.00	15.00	27.00
Fruit Juice, Very Berry Shelf Stable 40/4.23oz	1 serv	11	60.00	10.00	0.00	0.00	0.00	0.00	10.00	0.00	0.00	0.00	0.00	0.00	15.00	17.00
Fruit Juice, Fruit Punch Shelf Stable 40/4.23oz	1 serv	11	60.00	5.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	14.00	15.00
Fruit Juice, Orange Tangerine Shelf Stable 40/4.23oz	1 serv	11	60.00	10.00	0.00	0.00	0.00	0.00	19.00	0.00	0.00	0.00	0.00	0.00	13.00	15.00
Fruit Juice, Apple Shelf Stable 40/4.23oz	1 serv	11	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	500.00	60.00	0.00	0.00	12.00	14.00
Dressing, Ranch Lite Cup (1oz) - 100srv/cs	1 1 Serving	2	70.00	230.00	1.00	0.00	7.00	1.00	0.00	0.00	0.00	0.00	5.00	0.00	1.00	1.00
Veg, Cauliflower Florets 2/3lb, 27 srv/bag (1 srv = 5 florets)	1 1/2 Cup	2	16.33	16.33	0.04	0.00	0.15	1.04	11.98	0.23	0.00	26.24	0.00	1.09	1.91	2.71
Weighted Daily Average			98.47	31.88	0.41	0.00	2.69	0.73	16.84	0.08	125.00	16.19	0.23	0.37	15.31	18.78
% of calories					3.75	0.00	24.57	2.96								76.30

* Missing nutrient value

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Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Fri 04/25/2025 - Breakfast High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Pizza, Sausage Breakfast, 128/cs (G1.5 and M1)	1 Each	1	210.00	350.00	2.00	0.00	7.00	9.00	146.00	1.90	0.00	0.00	15.00	3.00	5.00	27.00
Cinnamon Bun, Ultra Baked Cinnamon Bun 72/2.9oz (G2) (Super Cinn. Bun)	1 Each	1	240.00	300.00	2.00	0.00	8.00	5.00	60.00	1.08	400.00	1.20	20.00	3.00	15.00	38.00
Weighted Daily Average			90.00	130.00	0.80	0.00	3.00	2.80	41.20	0.60	80.00	0.24	7.00	1.20	4.00	13.00
% of calories					8.00	0.00	30.00	12.44								57.78

Fri 04/25/2025 - Lunch High	Portion Size	Plan Qty	Cals	mg Sodium	g S-Fat	g Tr-Fat**	g T-Fat	g Protn	mg Calcm	mg Iron	IU Vit-A	mg Vit-C	mg Cholst	g Fiber	g T-Sugars	g Carb
Condiment, Sauce Taco Individual 200/cs	1 Packet	2	0.00	55.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Sauce Tartar Indiv 500 pc/case	1 Each	2	40.00	100.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	5.00	0.00	2.00	3.00
Condiment, Sauce BBQ, Individual, 100/1 oz	1 Each	2	45.00	210.00	0.00	0.00	0.00	0.00	20.00	0.36	100.00	1.20	0.00	0.00	9.00	10.00
Condiment, Spice Tajin packet 1000/.035oz	1 Each	2	2.00	127.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	5.40	0.00	0.00	0.00	0.00
Condiment, Sauce Sweet & Sour Individual 100/1oz	1 Each	2	45.00	120.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	4.00	12.00
Croutons, Cheese & Garlic IW WG 250/.5oz	1 serv	9	60.00	150.00	0.00	0.00	2.00	2.00	0.00	0.36	0.00	0.00	0.00	1.00	1.00	9.00
Dressing, Raspberry Vinaigrette Packet, 60/1.5 oz	1 Packet	2	40.00	370.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	9.00	9.00
Dressing, Boom Boom 4/1gal	2 Tbs (Count)	2	150.00	250.00	2.50	0.00	16.00	0.00	0.00	0.00	100.00	2.40	15.00	0.00	2.00	2.00
Dressing, Caesar 2/1gal	2 Tablespoon	2	150.00	290.00	3.00	0.00	16.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	1.00	1.00
Dressing, Balsamic Vinaigrette 2/1gal	2 Tbs (Count)	2	100.00	320.00	1.50	0.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00	1.00
Dressing, Honey Mustard, 2/1gal	2 Tbs (Count)	2	50.00	240.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	10.00	0.00	8.00	12.00
Dressing, Italian Old Venice 2/1gal	2 Tbs (Count)	2	100.00	480.00	1.50	0.00	10.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00	2.00
Dressing, Ranch Lite (Naturally Fresh), 4/1gallon	2 Tbs (Count)	2	70.00	270.00	1.00	0.00	7.00	1.00	20.00	0.00	0.00	0.00	5.00	0.00	1.00	2.00
Condiment, Mayonnaise 200/12/gr	1 Each	1	36.39	113.69	0.44	0.00	2.73	0.00	0.00	0.00	0.00	0.00	5.73	0.00	1.45	2.73

* Missing nutrient value

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Date: 04/21/2025 to 04/25/2025

Condiment, Pickle, Sweet Relish Individual, 500/9 gram packets	1 Each	2	15.00	70.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.00	3.00
Condiment, Mustard Individual, 500/5.5 gram packets	1 Each	2	5.00	50.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.00
Condiment, Ketchup Indiv 1000/9gr	1 Each	2	10.00	85.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	2.00	2.00
Condiment, Ketchup Dispenser Pouch 2/1.5 gal (380 Tbsp/bag)	2 Tbs (Count)	11	40.00	320.00	0.00	0.00	0.00	0.00	0.00	0.00	200.00	2.40	0.00	0.00	8.00	10.00
Condiment, Ketchup 6/112oz Jugs	2 Tbs (Count)	2	30.00	90.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	6.00	8.00
Milk, Carton, White 1%, 70/8oz	1 ea	2	100.00	125.00	1.50	0.00	2.50	8.00	300.00	0.00	750.00	0.00	10.00	0.00	12.00	12.00
Milk, Carton, Strawberry Skim, 70/8oz	1 ea	4	140.00	95.00	0.00	0.00	0.00	8.00	300.00	0.00	500.00	0.00	5.00	0.00	25.00	26.00
Milk, Carton, Chocolate Skim, 70/8oz	1 ea	4	140.00	200.00	0.00	0.00	0.00	9.00	307.00	0.00	750.00	0.00	5.00	0.00	24.00	25.00
Bev, Tea Bag Cold , 96/cs	1 Gallon	2	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salad, Chef (M3/V1) - WH Turkey Ham & Cheese, Fairmeadow Egg	1 1 Serving	2	246.02	692.10	4.76	0.00	11.16	27.54	207.91	7.32	514.75	6.90	220.77	2.60	5.89	10.05
Salad, Cobb (M2.5/V1) - WH Turkey Ham & Cheese, Fairmeadow Egg	1 1 Serving	2	261.22	603.36	6.08	0.00	15.09	22.34	191.69	7.60	543.01	7.67	213.03	2.74	6.98	9.94
Salad, Garden (M2/V1) - WH Cheese, Fairmeadow Egg	1 Each	2	218.58	249.21	7.50	0.00	14.00	14.64	320.49	1.15	716.61	26.16	200.00	2.77	6.00	8.77
Salad, Chicken Caesar (M2) - Diced Chicken	1 Each	2	154.67	168.83	2.15	0.00	5.83	18.25	98.00	0.55	526.25	6.90	47.17	2.60	3.35	6.75
Dough, Roll W/G Proof & Bake 256/2.25oz (G2)	1 serv	2	160.00	260.00	0.50	0.00	3.50	5.00	0.00	1.44	0.00	3.60	0.00	2.00	5.00	27.00
Bar, Lemon Chip Crunch Bar 120/2.25 oz (G2)	1 Each	2	260.00	160.00	2.00	0.00	8.00	4.00	20.00	1.44	100.00	0.00	5.00	2.00	16.00	42.00
Bar, Cherry/Apple Crunch 120/2.25oz (G2)	1 Each	2	260.00	90.00	2.00	0.00	8.00	4.00	20.00	1.44	100.00	0.00	5.00	2.00	16.00	42.00
Wrap, Veggie (G2/M2) - SH Shredded Cheese	1 Each	2	465.94	736.39	17.00	0.00	30.00	18.75	536.88	2.18	999.78	19.51	80.00	3.72	4.31	33.05
Wrap, Chicken Caesar (G2/M2) - SH Diced Chicken, WW Tortilla	1 Each	2	476.00	745.00	6.00	0.00	28.00	25.00	174.00	2.72	100.00	0.00	75.00	4.00	2.00	31.00
Wrap, Turkey Ham & Swiss Cheese - WH Turkey Ham	1 Each	2	380.64	594.21	8.51	0.00	20.24	25.80	410.92	8.23	409.97	6.74	55.26	4.09	2.03	31.44

* Missing nutrient value

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Menu Plan Nutrients By Item

Site: Peoria Flex Academy

Date: 04/21/2025 to 04/25/2025

Wrap, Spicy Chicken (G3/M2) - WH Cheese & Spicy Chicken Patty	1 Each	2	499.84	757.46	6.51	0.00	24.60	22.93	277.42	4.13	598.47	6.74	40.00	7.09	1.50	46.91
Wrap, Turkey Bacon (G2/M2) - Wh Cheese	1 Each	2	361.58	902.51	5.10	0.00	14.45	26.68	237.42	2.81	498.47	6.74	60.87	4.09	1.13	30.55
Sandwich, Cheese Reimbursable (2G/2M) - WH Cheese	1 1 Serving	2	300.00	820.00	6.00	0.00	13.00	16.00	0.00	1.44	0.00	0.00	30.00	2.00	8.00	30.00
Sandwich, Ham & Cheese - WH Turkey Ham & Cheese	1 Each	2	265.80	791.74	3.00	0.00	9.14	16.87	0.00	7.54	0.00	0.00	30.26	2.00	7.53	29.53
Sandwich, PB&J Uncrustable Grape 72/5.3oz (G2 and M2)	1 Each	2	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, PB&J Uncrustable Strawberry - 72/5.3oz (G2 and M2)	1 Each	2	600.00	540.00	6.00	0.00	34.00	18.00	78.00	3.00	0.00	0.00	0.00	7.00	29.00	64.00
Sandwich, Italian Sub (G2/M2)	1 Each	2	373.00	1,263.00	7.00	0.00	16.80	24.00	244.00	2.86	5.00	3.18	82.00	3.00	4.00	31.00
Sandwich, Turkey California (G2/M2)	1 Each	2	341.85	1,155.61	6.58	0.00	15.68	21.77	154.00	2.00	0.00	0.00	57.59	2.00	5.63	28.63
Box, Protein Peanut Butter (G2/M2.75/F0.5) - LOL Cheese	1 Each	2	621.55	446.74	7.28	0.00	32.53	21.37	204.92	3.05	48.56	37.88	19.42	9.71	29.14	70.90
Box, Protein Cottage Cheese & Bread Slice (G2/M2/F0.5)	1 Each	2	415.00	635.00	3.00	0.00	10.00	19.50	226.50	1.36	950.00	5.50	5.00	2.50	41.50	64.00
Plate, Benefit Bar (2G/2MMA) - LOL Cheese	1 1 Serving	2	453.33	473.33	7.50	0.00	15.83	15.33	326.13	3.99	261.36	0.00	43.33	3.00	33.67	64.00
Box, Protein 1 Grain Muffin (G1/M2) - Add Grain	1 Each	2	419.12	304.00	5.47	0.00	12.45	13.04	330.00	0.75	213.04	0.60	51.40	4.44	43.04	64.46
Pizza, HS Cheese Primo, 72 svs/cs (G2 and M2)	1 Each	2	360.00	490.00	7.00	0.00	16.00	21.00	450.00	2.70	400.00	0.00	35.00	3.00	9.00	36.00
Pizza, HS Pepperoni Primo, 72 svgs/cs (G2 and M2)	1 Each	2	370.00	650.00	7.00	0.00	17.00	20.00	350.00	2.70	400.00	0.00	40.00	3.00	9.00	36.00
Burger, Hamburger (G2/M2) - SH Beef	1 Each	2	330.00	520.00	5.50	0.00	15.50	23.00	60.00	2.52	0.00	0.00	60.00	2.00	3.00	26.00
Burger, Cheeseburger (G2/M2.5) - Shamrock Beef & Warehouse Cheese	1 Each	2	370.00	660.00	7.00	0.00	18.00	26.00	60.00	2.52	0.00	0.00	67.50	2.00	4.00	27.00
Sandwich, Chicken Patty (G3/M2)	1 Each	2	380.00	720.00	3.00	0.00	15.50	20.00	95.00	3.08	0.00	0.00	25.00	5.00	4.00	41.00
Sandwich, Chicken Spicy Patty (G3/M2)	1 Each	2	410.00	660.00	3.50	0.00	17.50	21.00	100.00	3.08	100.00	0.00	25.00	5.00	4.00	43.00
Sandwich, Chicken Grilled (2G/2.25MMA)	1 Each	2	260.00	580.00	1.00	0.00	5.00	28.00	72.00	2.08	0.00	0.00	60.00	2.00	3.00	27.00

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Menu Plan Nutrients By Item

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Burrito, Bean & Cheese W/W Lower Sodium 54/cs (G2.25 and M2)	1 Each	2	370.00	650.00	7.00	0.00	16.00	14.00	300.00	3.60	200.00	3.60	20.00	4.00	2.00	41.00
Chicken, Nuggets (5 nugg = G1/M2) - HS must add 1 grain	1 Each	2	260.00	400.00	2.50	0.00	15.00	16.00	37.00	2.00	0.00	0.00	25.00	3.00	1.00	16.00
Corn Dog, Mini G2/M2)	1 serv	2	270.00	410.00	3.50	0.00	12.00	10.00	0.00	6.00	0.00	0.00	40.00	5.00	5.00	30.00
Corn Dog (G2/M2)	1 Each	2	250.00	390.00	2.50	0.00	9.00	9.00	80.00	1.80	0.00	0.00	40.00	5.00	5.00	30.00
Veg, Potato Spiral Cut Curly GF 6/4/lb (1 srv = 2.17oz) - McCain Potatoes	1 1/2 Cup (cooked)	22	100.00	190.00	0.00	0.00	3.00	1.00	10.00	0.30	0.00	0.00	0.00	1.00	0.00	17.00
Veg, Potato, Seasoned 1/2" Stix 6/5lb, 34 srv/bag (1 srv = 2.29oz)	1 1/2 Cup	22	119.00	134.87	0.40	0.00	3.97	1.59	0.00	0.36	0.00	2.40	0.00	1.59	0.00	19.83
Veg, Potato, Seasoned Crinkle Cut, 6/5lb, 40 srv/bag (1 srv = 1.98oz)	1 1 Serving	22	130.00	240.00	0.50	0.00	4.50	2.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	22.00
Veg, Potato, Savory Wedge 6/5lb, 29 srv/bag (1 srv = 2.69oz)	1 Ounce	22	46.67	66.67	0.33	0.00	2.00	0.33	0.00	0.12	0.00	1.20	0.00	0.33	0.33	6.67
Veg, Potato, Tater Gems, 6/5lb, 32srv/bag (1 srv = 2.5oz = 10 tater tots)	1 Ounce	22	56.67	76.64	0.50	0.00	3.00	0.67	0.00	0.12	0.00	0.00	0.00	0.00	0.00	6.33
Salad, Bulk, Mixed Green Salad	1 Cup	2	18.70	13.31	0.00	0.00	0.02	1.10	17.24	0.29	0.00	5.87	0.00	1.37	1.63	4.01
Fruit, Apple, Red Delicious School Boy, 163 ct/cs (40lbs)	1 Each	2	95.08	2.00	0.00	0.00	0.17	0.00	11.07	0.00	97.98	8.35	0.00	4.00	10.39	25.04
Fruit, Apple Gala 150 ct/cs (40lb)	1 Each	2	70.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	100.00	6.00	0.00	3.00	14.00	19.00
Fruit, Orange Case 113 ct/cs	1 1/2 Cup	2	54.87	1.59	0.03	0.00	0.24	1.03	55.67	0.64	198.80	56.46	0.00	3.58	8.50	12.33
Fruit, Pear Dice 6/#10	1 1/2 Cup	2	60.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3.60	0.00	2.00	12.00	16.00
Fruit, Strawberry Sliced Frozen IQF 6/5lb (4 srv/lb) approx. 109 srv/cs	1 1/2 Cup	2	25.49	0.00	0.00	0.00	0.00	0.00	16.32	0.76	45.89	41.81	0.00	2.04	5.10	7.14
Veg, Celery Stick 1/5lb, 35 srv/cs (1 srv = 6 sticks)	1 1/2 Cup	2	8.08	40.40	0.02	0.00	0.09	0.35	20.20	0.10	226.75	1.57	0.00	0.81	*	1.50
Salad, Bulk, Garden Salad - WH Cheese	1 Cup (dry)	2	51.12	62.22	1.92	0.00	2.88	3.20	101.88	0.05	227.04	2.96	9.60	1.30	1.78	3.23
Chicken Alfredo (G2/M2) - SH Diced Chicken	1 Each	9	430.00	499.00	5.00	0.00	12.50	34.00	0.00	0.00	0.00	0.00	146.00	2.00	0.00	45.00

* Missing nutrient value

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Bread, Garlic Texas Toast WG 120/cs (G1)	1 Slice	9	100.00	120.00	0.00	0.00	3.50	3.00	0.00	0.00	0.00	0.00	0.00	1.00	1.00	14.00
Burger, Bacon Pepper Jack Cheeseburger (G2/M2.5)	1 Each	18	428.52	898.22	9.79	0.00	23.72	27.90	140.00	2.71	0.00	0.00	81.34	2.00	4.32	27.32
Weighted Daily Average			1,153.86	2,008.01	14.47	0.00	49.03	52.03	403.94	6.37	596.90	15.06	147.28	9.43	29.92*	129.66
% of calories					11.29	0.00	38.24	18.04								44.95

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Run By: vperry

Filename: Menu Plan Nutrients By Item.rdlc

Run On: 4/17/2025 8:02:54 AM